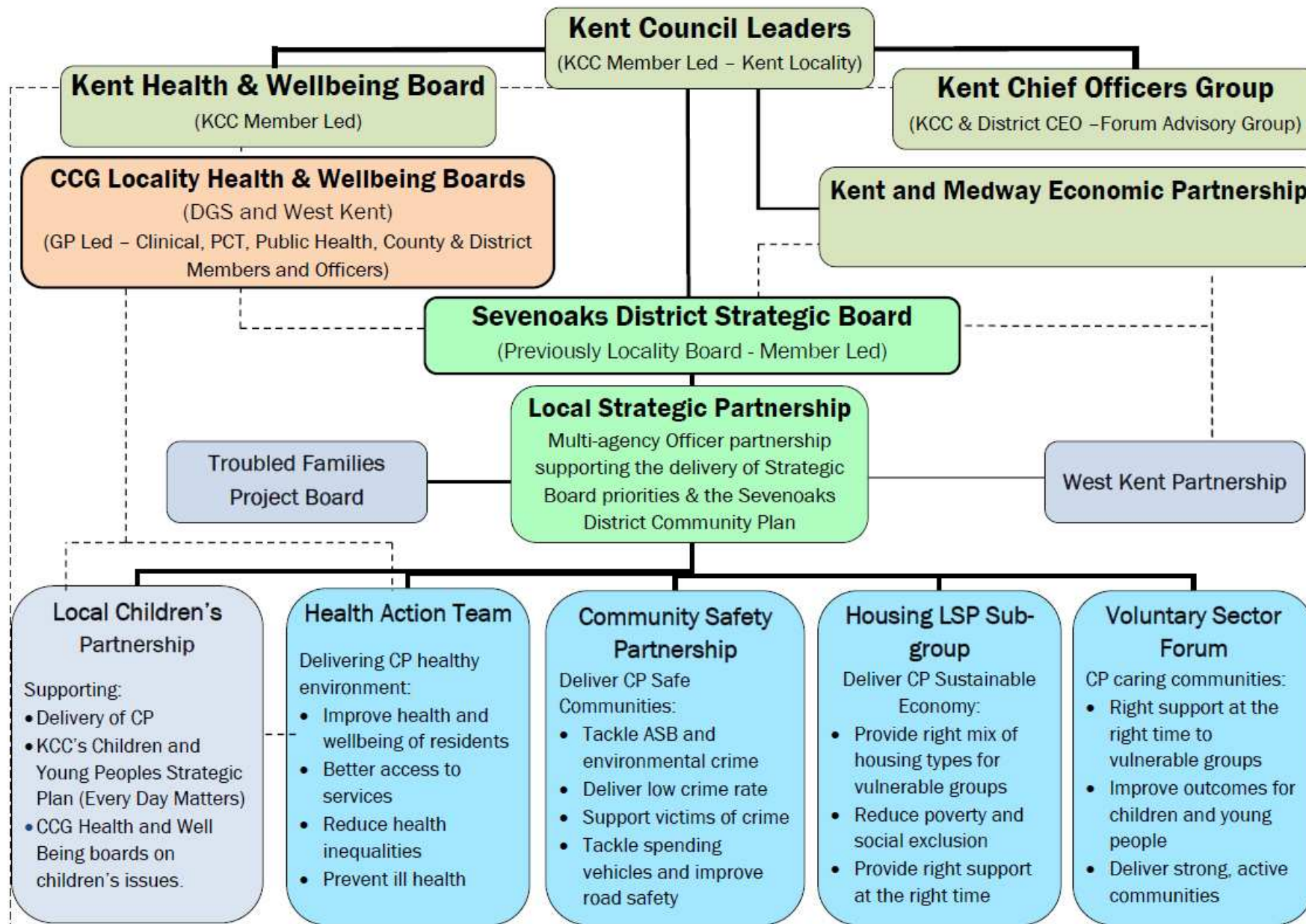


Sevenoaks District 'Mind the Gap' Health Inequalities Action Plan

Local Strategic Board
13th November 2013



'Mind The Gap' Priorities

Objective 1:

Give every child the best start in life

**1A: Conception-9 months,
1B: 9 months onwards**

Objective 2:

Enable all children, young people and adults to maximise their capabilities & have control over their lives

Objective 3:

Create fair employment & good work for all

Objective 4:

Ensure healthy standard of living for all

Objective 5:

Create and Develop Healthy and Sustainable Places & Communities

Objective 6:

Strengthen the role and impact of ill health prevention



Sevenoaks District's Health Inequalities Action Plan

MIND THE GAP Building bridges to better health for all

2013/15



Health Inequalities in Sevenoaks District

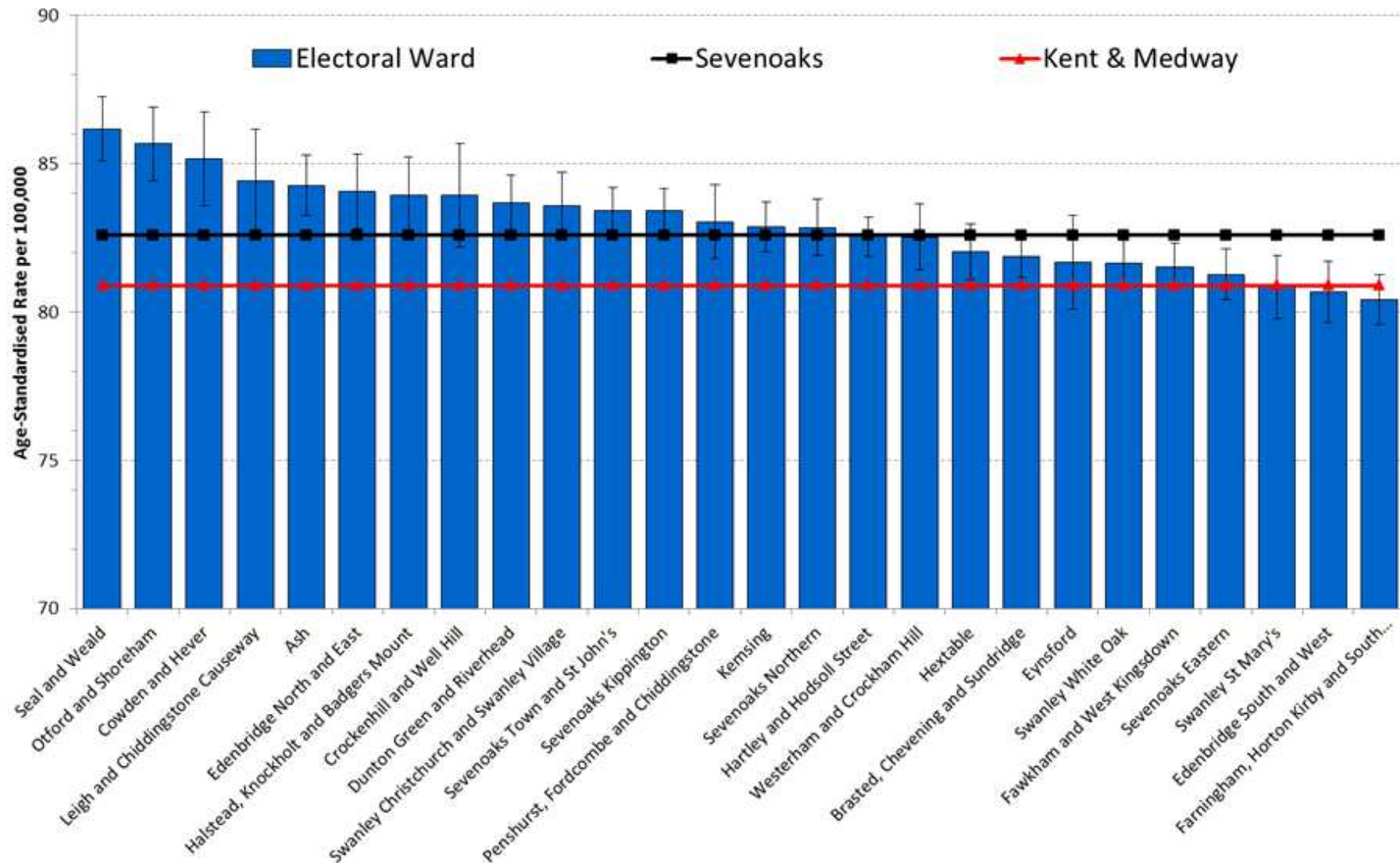
Health inequalities are the result of a set of complex interactions, including:

- The long-term effects of a disadvantaged social position
- Differences in access to information, services and resources
- Differences in exposure to risk
- Lack of control over one's own life circumstances
- A health system that may reinforce social and economic inequalities.

Life Expectancy Gap

Male & female
diff. across
wards of
7.8 yrs

Life Expectancy at birth in Sevenoaks, 2008-2012



Mind the Gap - What We Need to Do

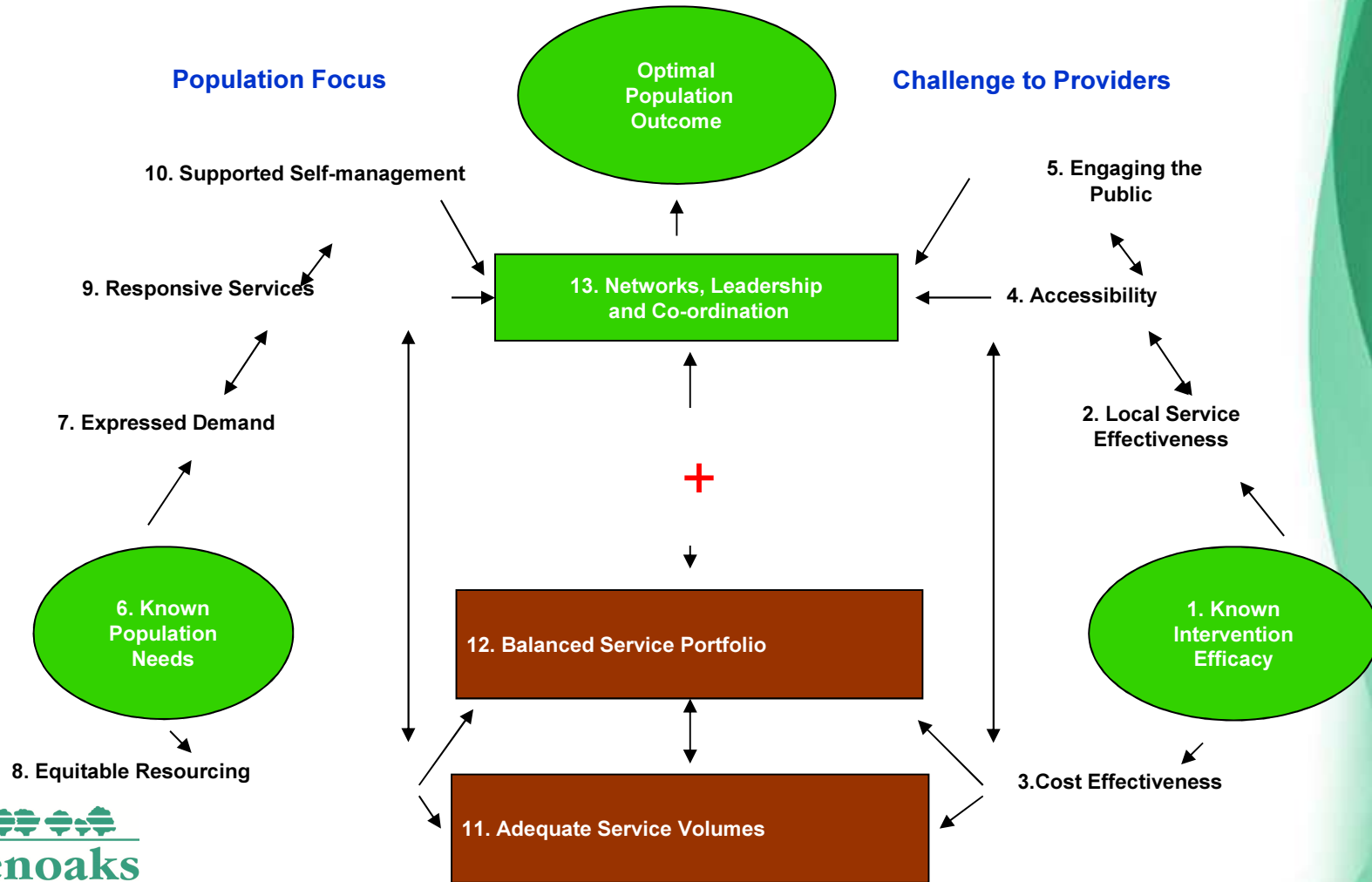
The action this Council needs to take is summarised in this Four Point Approach, in line with the Kent Health Inequalities Action Plan

Deliver this 4 POINT APPROACH:

- I. **Target the population appropriately** by using local intelligence, data from the JSNA, locality health profiles, community consultations
- II. **Apply the HINST Christmas Tree Tool** to commissioning to ensure interventions are delivered effectively to achieve population outcomes.
- III. **Assess impact** on health inequalities by applying the wellbeing screening tool and by listening to local communities
- IV. **Ownership** and delivery of priorities through locally agreed action plans and partnership working

Christmas Tree Model

Commissioning for Best Outcomes
(HINST Christmas Tree Model)



Objective 1:

Give every child the best start in life

(Conception-9 months & 9 months onwards)

- Support good health and wellbeing in pregnancy and the new born (0-9 months)
- Support good health and wellbeing for children and young people (9 months onwards)

SEVENOAKS PRIORITY ACTIONS:

- Help increase the number of healthy births
- Encourage access to health services for all
- Promote Healthy Weight for Children

Objective 2:

Enable all children, young people and adults to maximise their capabilities and have control over their lives

SEVENOAKS PRIORITIES:

- Improve educational attainment particularly at GCSE level
- Support older people to keep them safe, independent and fulfilled lives

Objective 3:

Create fair employment & good work for all

SEVENOAKS PRIORITIES:

- Increase proportion of young people (16-18 & 18-24) in fulltime education, employment or training

Objective 4:

Ensure healthy standard of living for all

SEVENOAKS PRIORITY:

- Meet the housing needs of people living in the District include affordable and appropriate housing

Objective 5:

Create and develop healthy and sustainable places and communities

SEVENOAKS PRIORITY:

- Sustain and support safe communities

Objective 5:

Strengthen the role and impact of ill health prevention

SEVENOAKS PRIORITIES:

- Reduce the gap in health inequalities across the social gradient
- Provide support for people with mental illness and raise awareness of mental health issues

Taking It Forward

- Approved by Members and HAT Partners
- Monitored quarterly at HAT Officer meetings
- Monitoring data fed into Community Plan quarterly monitoring
- Annual Report for achievements and progress